























Nipissing Manor Activity Calendar –November- 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			MORE DAILY PROGRAMS Gift Shop: Monday – Thursday 3:00-3:30 Newspaper Delivery: Tues, Thurs, Sat 10:00am Mail Delivery Monday-Friday 1:30 pm	1. Coffee Time - MDR 10:00 Volleyball - MDR 10:15 Salvation Army Service- MDR 2:15 Afternoon Tea - MDR 3:00	2. Coffee Time - MDR 10:00 Zumba with Shelley Ortepi - MDR 10:15 BINGO - MDR 2:15 Afternoon Tea - MDR 3:00	
3. Fall Back  Coffee Time - AR 10:00 Morning Manicures & Paraffin Hand Wax - AR 10:15 Hymn Sing - AR 2:15 Afternoon Tea - AR 3:00	4. Coffee Time - MDR 10:00 BINGO - MDR  10:15 Trivia-AR 2:15 Afternoon Tea-AR 3:00	5. Coffee Time - MDR 10:00 Bilingual Catholic Mass-MDR 10:15  Exercise- AR 2:15 Afternoon Tea - AR 3:00	6. Stretch and Flex-AR 9:45 Coffee Time - AR 10:00 Arts & Crafts– Poppy Wreath AR 10:15 Cards and Games—MDR 2:15 Afternoon Tea - MDR 3:00	7. Coffee Time - AR 10:00 Exercise Class - AR 10:15 Baking: Apple Crisp - AR 1:30 Afternoon Tea - AR  2:00 1:1 Friendly Visits 2:15	8. Stretch and Flex-AR 9:45 Coffee Time - AR 10:00 Word Games-AR 10:15 Friday Afternoon Social - AR  2:15	9. Coffee Time - MDR 10:00 BINGO - MDR  10:15 Shuffleboard-AR 2:15 Afternoon Tea-AR 3:00
10. Coffee Time - AR 10:00 Morning Manicures & Paraffin Hand Wax- AR 10:15 Bowling - MDR 2:15 Afternoon Tea - MDR 3:00	11. Remembrance Day  Coffee Time - MDR 10:00 Remembrance Day Service-MDR 10:15 Two Minutes of Silence 11:00 BINGO - MDR  2:15 Afternoon Tea - MDR 3:00	12. Coffee Time - MDR 10:00 Bilingual Catholic Mass-MDR 10:15 November Birthday Party 2:15 MDR  Gospel Hall Hymn Sing-MDR 6:45	13. Stretch and Flex-AR 9:45 Coffee Time - AR 10:00 Arts & Crafts: Yarn Angels - AR 10:15 Hockey - MDR 2:15 Afternoon Tea - MDR 3:00	14. Coffee Time - AR 10:00 Exercise Class - AR 10:15 Baking: Garlic Cheese Rolls - AR 1:30 Afternoon Tea - AR 2:00 1:1 Friendly Visits 2:15	15. Stretch and Flex-AR 9:45 Coffee Time - AR 10:00 Word Games- AR 10:15 Friday Afternoon Social - MDR 2:15	16. Coffee Time - MDR 10:00 BINGO - MDR 10:15 Parachute Fun-AR 2:15 Afternoon Tea  3:00
17. Coffee Time - AR 10:00 Morning Manicures & Paraffin Hand Wax - AR  10:15 Exercise Class - AR 2:15 Afternoon Tea - AR 3:00	18. Coffee Time - MDR 10:00 BINGO - MDR  10:15 Cards and Games - AR 2:15 Afternoon Tea - AR 3:00	19. Coffee Time - MDR 10:00 Bilingual Catholic Mass-MDR 10:15  Sing-A-Long Social with Heather –MDR 2:15 Afternoon Tea - MDR 3:00	20. Stretch and Flex-AR 9:45 Coffee Time - AR 10:00 Arts & Crafts: Polar Bear Newspaper Craft- AR 10:15 Volleyball - MDR 2:15 Afternoon Tea - MDR 3:00	21. Coffee Time - AR 10:00 Exercise Class - AR 10:15 South Shore Memorial Service MDR  2:15 Afternoon Tea - MDR 3:00	22. Stretch and Flex-AR 9:45 Coffee Time - AR  10:00 Bean Bag Toss - AR 10:15 Friday Afternoon Social & Movie Matinee - AR  2:15	23. Coffee Time - MDR 10:00 BINGO - MDR  10:15 Hockey - MDR 2:15 Afternoon Tea - MDR 3:00
24. Coffee Time - AR 10:00 Exercise Class - AR 10:15 Morning Manicures & Paraffin Hand Wax- AR 2:15 Afternoon Tea - AR  3:00	25. Coffee Time - MDR 10:00 BINGO - MDR 10:15 Cards and Games - AR 2:15 Afternoon Tea - AR 3:00	26. Coffee Time - MDR 10:00 Bilingual Catholic Mass-MDR 10:15 Bowling - MDR  2:15 Residents Council Meeting -AR 2:30 Afternoon Tea - MDR 3:00	27. Stretch and Flex-AR 9:45 Coffee Time - AR 10:00 Arts & Crafts: Gingerbread Paper Bags - AR 10:15 Manicures - AR 2:15 Afternoon Tea - AR 3:00	28. Coffee Time - AR 10:00 Exercise Class - AR 10:15 Baking: Blueberry Cobbler - AR 1:30 Afternoon Tea - AR 2:00 1:1 Friendly Visits 2:15 North Bay Rock Choir-MDR 6:45	29. Stretch and Flex-AR 9:45 Coffee Time - AR 10:00 Mini Putt-AR 10:15 Music with the Sundridge Singers Friday Afternoon Social - AR 2:15	30. Coffee Time - MDR 10:00 BINGO - MDR 10:15 Giant Plinko-AR 2:15 Afternoon Tea-AR 3:00